

In This Issue:

Nutrition and Malnutrition as a Determinant of Health

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2. Publisher, Delaware Journal of Public Health

In October 2025, the Delaware Academy of Medicine / Delaware Public Health Association finalized its rebranding as the Delaware Academy of Medicine and Public Health. This process, supported by our board, advisory council, and members, helped the Academy pivot from a 'double name' to one with clear intentions, and reflects our commitment to both medicine and public health as essential, interlinked aspects of keeping our community healthy. Although our name changed, our mission remains the same:

*To enhance the well-being of our community through education,
the promotion of public health, research, and targeted investments.*

The Academy runs several programs of great benefit to our state, including the Immunization Coalition of Delaware, Delaware Mini-Medical School, and Delaware Health Force. And of course, we publish the Delaware Journal of Public Health, Delaware's only PubMed-indexed, dual Open Access health sciences journal.

The issue topics of the DJPH are generally chosen in the previous calendar year, after discussion on possible topics by the Academy's Public Health Advisory Council, and this issue on Nutrition and Malnutrition as a Social Determinant of Health was no different. With the federal government in a recent shut down, and federally funded programs like the Supplemental Nutrition Assistance Program (SNAP) at risk of being unable to meet the requirements of feeding children, the elderly, those with disabilities, and pregnant individuals, it seems like a coincidence, but also an opportunity. Public Health impacts all areas, and nutrition is fundamental to health & well-being of our community.

Our guest editors, Dr. Allison Karpyn (Professor of Human Development and Family Sciences, and Co-Director of the Center for Research Education and Social Policy at the University of Delaware) and Dr. Katelyn Fritzges (Internal Medicine Physician at ChristianaCare) have included articles about culinary medicine, mitigating food insecurity stigma, the Delaware Food Farmacy, and how food insecurity becomes a social determinant of health in college students. There are also articles to be found on the role of nutrition and malnutrition as determinants of cancer development, abstracts from the ACCEL CTR Conference on nutrition research, and research into Delaware dentists.

We hope you enjoy this issue of the Journal, and as always, reach out if you have any questions!

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