

Guest Editor's Welcome

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It is such an honor to be a part of this special journal. We hope it serves as both teacher and guide. We hope you join in the awareness and appreciation of our fellow Delawareans with diverse abilities. You will find a discussion on the diagnosis of Intellectual and Developmental Disability and tips on building a medical home for individuals with this diagnosis. You will find important messages on employment, recreation, and sexuality – on those things which bring dignity and fulfillment to a well-lived life for any human. We get the opportunity to amplify the voices of those individuals and families for whom the pandemic has challenged the shaky patchwork of usual medical, financial, and behavioral supports. With a higher prevalence of adults with cognitive diverse abilities living in Delaware than in our surrounding states, you can be a part of the solution to improving life for all our residents, one person at a time. You can also join in the pride of so many things done just right, as showcased within these pages. Special thanks to my patients and their families who teach me about grace and the beauty of diversity every single day.

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